



# THE HIDE AND SEEK GAME

## GOAL:

Play the Hide and Seek Game to build your dog's desire to find you. This is also a building block to help strengthen your dog's Rocket Recall.™

SCAN ME



for details of Lisa Waggoner's book,

***The Original Rocket Recall™: Teach Your Dog to Come***

[rocketrecall.com](http://rocketrecall.com)

Play the Hide and Seek Game with your dog. It's fun for you, builds the desire in your dog to find you, and it's fun for both of you. Most importantly, it's a building block to help strengthen your dog's Rocket Recall™.

## Training:

Start the game inside your house. When your dog isn't looking, quickly hide behind a door, the shower curtain, or a large piece of furniture. If your dog is too keenly focused on you to give you time to escape, have a helper hold him or scatter treats on the floor to distract him while you hide.

Make it easy at first. You want your dog to succeed. Wait for your dog to begin searching for you. If he's slow to start the search (some dogs are less motivated than others to care about their human hiding), make a slight noise, squeak a squeaky toy, or call his name, and when he finds you, celebrate with glee! Reach deep to bring out your inner cartoon character, lay on the praise, and add toys, treats, or tug as a reinforcer. You want your dog to feel triumphant in his find.

After a few repetitions of the Hide and Seek Game inside, move outside in a safely fenced area. When your dog is interested in something other than you, quickly dart behind the nearest tree or shrub (anything that hides most of your body) and wait patiently. When your dog looks away from what distracted him, he'll notice your absence and will likely begin eagerly searching to find you. Don't worry if he still needs a little help—make a slight noise or call his name if he's slow to search, then bring on the fun when he finds you.